

THE THIRD AGE TRUST



THE UNIVERSITY OF THE THIRD AGE

U3A LEEDS, CHARITY NO: 518366

**BULLETIN NO 4**  
**MARCH 2018**

**HELP!** Our hardworking Membership Secretary, Shena, needs an apprentice to learn her craft and help her out. Any Admin skills out there please? Speak to Angela or any Committee member as soon as you can.

**FANCY A BIT OF A SIT DOWN? TIME TO SHINE/LEEDS OLDER PEOPLES' FORUM** is promoting **AGE FRIENDLY LEEDS** which has a scheme whereby some shops are offering a seat to older people needing a bit of time out. Look out in shop windows and doors for the '**COME IN AND REST**' sign which means that there is a seat inside for those needing a short break to rest their weary legs. What great idea!



### YORKSHIRE AND HUMBER REGIONAL U3A STUDY DAY

Monday, 14th May, 2018 at the Bradford Club, 1 Piece Hall Yard, Bradford BD1 1PJ, 10.30am to 4.15pm. Doors open from 10am for registration and coffee. Suitable for anyone who would like to know more about Bradford's industrial heyday. Useful tools for Industrial Archaeology projects in your own area will be discussed. Presented by Derek Barker YAHR Summer School Tutor and independent community archaeologist. Cost £26 to include lunch and refreshments, payable in advance. Any interested U3A member can apply. To Register: Send a cheque for £26.00 made out to 'U3A Yorkshire & Humber Region' to: - **Hazel Ward, YAHR Secretary, 361 Bricknell Ave, Hull, HU5 4TN** Please include your email address, your U3A and any special dietary requirements

**ART APPRECIATION GROUP:** Mondays 11am to 12.30pm at H.E.A.R.T. Summer term meeting dates will be 14th May and 11th June.

**PHILOSOPHY CLUB** - forthcoming meetings 7pm on the 3rd Monday of each month at Inkwell Arts Cafe, Potternewton Lane, Leeds, LS7 3LW. Group contact is Valerie Kaye at [valkaye46@gmail.com](mailto:valkaye46@gmail.com)

16 April - 'The Metaphysics of Love' - Joes Saunders

21 May - 'Adam Smith' - Richard Chambers

**GERMAN GROUP:** after Easter Lesley Broster will be giving up as leader. A massive *danke schoen* to Lesley for her hard work and all good wishes to her new replacement.. For more details you can talk to *Helen Plimley* on 0113 265 2645.

**MUSIC APPRECIATION:** Meets at MASAC Bar every Wednesdays (except 3rd in the month) 10.30am to 12.00noon has vacancies for 2 new members.

**WALKING NETBALL** Lawnswood YMCA, Otley Road, Leeds, LS16 6HE: Still looking for more members to join why not come along and see for yourself?

**LEEDS CYCLING CAMPAIGN - TUESDAY MORNING CYCLE RIDES:** anyone wanting details should contact Rob Pearson:- [rob.pearson@virgin.net](mailto:rob.pearson@virgin.net)

### 2018 U3A NATIONAL SUMMER SCHOOLS

1. Monday 23 To Thursday 26 July At Harper Adams University, Newport, Shropshire.  
Subjects: Crosswords, France, Garden History, Literature/Philosophy, Mathematics. Opera, Playing Ukulele, Playing Recorder, Spanish History.
2. Tuesday 11 To Friday 14 September At Royal Agricultural University, Cirencester.  
Subjects: Art History, Music, Creative Writing, Drama, English Poetry, History, Linguistics, Language, Musicals, Singing.

Residential Place £325.00 Day delegate £110.00

Details available by e-mail from [summer-schools.u3a.org.uk](mailto:summer-schools.u3a.org.uk)

or call National Office on 020 8466 6139

**U3A LEEDS ANNUAL EDUCATIONAL VISIT  
TUESDAY, 3RD JULY – BIRMINGHAM**

25th Annual Gilbert & Sullivan Festival on the 8-27 August, 2018 at the Royal Hall, Harrogate. Tickets are available from [www/gsfestivals.org](http://www/gsfestivals.org) or by telephoning 01422 323 252.

***N.B. This year's AGM will take place on 22nd May  
There are places on the committee so why not get your  
nomination form in & join the team?***

#### HOW TO CONTACT THE COMMITTEE:



Enquiry line: 07552 448834

Website: [www.u3aleeds.org.uk](http://www.u3aleeds.org.uk)

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